

Delivery Model: In-class Bins

In-class bins are usually individually packaged and served at room temperature and/or cold. Bins are usually delivered to classes or positioned in high-traffic areas. Food can be consumed at teacher’s discretion e.g. announcements, prior to recess break, etc. This model is best suited when students spend their morning in the same classroom.



1. Start with Fruits & Vegetables (offer 2-3 from the list below)

- Bananas
- Apples
- Oranges / Clementines
- Bags of mixed vegetables (carrots, celery, tomatoes, peppers)
- Fruits bowls (unsweetened/packed in juice)
- Applesauce (unsweetened)
- Juice (100% unsweetened)



2. Add Dairy

- Milk
- Yogurt - individual cups preferred over tubes (serving size is too small)
- Cheddar or mozzarella cheese slices/cubes or cheese strings



3. Add Grains & Cereals (check that whole grain is the first ingredient)

- Small bags of cereal and/or cereal trail mix (e.g. Original or MultiGrain Cheerios, Life, Quaker Corn Bran Squares, Quaker Oat Bran Squares, Shreddies)
- Crackers (e.g. Triscuit-original, PC Seven Grain Original, Mr. Christie Premium Whole Wheat Crackers)
- Mini pita bread / pita wedges / bagels
- Once per week only - muffins and granola bars (e.g. Kellogg’s Nutri-Grain cereal bars, PC whole grain cereal bars, Quaker Chewy Bars Apple and Bumbleberry, Quaker Oatmeal to Go bars)



