

## "SHOPPER-TUNITIES"

### SAVE TIME WITH YOUR GROCERY SHOPPING!

We understand that the time spent on food shopping is a big part of operating a student nutrition program.

This document is intended as a resource to help programs with shopping challenges. It is not meant to endorse specific suppliers, vendors or retailers, but rather inform of opportunities that are currently available or have been negotiated. In addition to the companies listed, schools are encouraged to explore free delivery or fax/pack services with your current grocer(s). Schools that have already negotiated free delivery / time-saving services with local grocery stores are encouraged to continue with these relationships or may want to combine with some of these opportunities.

This document is divided into 2 Sections:

1. **Section 1** identifies Distributers that offer free delivery.
2. **Section 2** identifies select Retailers that offer free "fax & pack" services. ("Fax & pack" services offer shoppers the opportunity to call-in, fax, or e-mail their food order in advance and arrange a pick-up time.)

Talk to your ONFE SBP Community Development Coordinator about these opportunities to see if any of these are a good fit for your program!

#### IMPORTANT NOTES:

- This document will be updated as we continue to work on new partnerships.
- As with all vendors, prices are subject to change, it is your responsibility to ensure that pricing remains in-line with your budget



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PROGRAM

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PETITS DÉJEUNERS  
DANS LES ÉCOLES

## SECTION 1 - DISTRIBUTERS OFFERING FREE DELIVERY SERVICES

DISTRIBUTERS	PRODUCTS	CONTACT INFORMATION	SPECIAL INSTRUCTIONS / INFORMATION FOR SCHOOL BREAKFAST PROGRAMS
ONTARIO STUDENT NUTRITION SERVICES (OSNS)	Dairy Grains Produce Consumables	Stephanie Craze (ONFE) 613-366-3085 ext. 260 <a href="mailto:scraze@onfe-rope.ca">scraze@onfe-rope.ca</a> <a href="http://www.feedingkids.ca">www.feedingkids.ca</a>	<ul style="list-style-type: none"><li>• Account required – register online</li><li>• Contact Stephanie Craze or your CDC for program guide and registration information</li><li>• No delivery fee</li></ul>
ORLEANS FRESH FRUIT	Produce Cheese Eggs	Karina Navarro 613-415-6920 (cell) <a href="mailto:Karina@orleansfreshfruit.com">Karina@orleansfreshfruit.com</a> <a href="http://www.orleansfreshfruit.com/">http://www.orleansfreshfruit.com/</a>	<ul style="list-style-type: none"><li>• No minimum order for delivery in Ottawa region</li><li>• No delivery fee</li></ul>
CANADA BREAD	Bread Pitas Bagels	Mark Johnstone 613-298-2531 1-866-666-6767 <a href="http://www.canadabreadfoodservice.ca/">www.canadabreadfoodservice.ca/</a>	<ul style="list-style-type: none"><li>• Account required. Contact Canada Break to set-up a "School Breakfast/SNP account"</li><li>• No delivery charge with \$75 minimum order</li></ul>



## SECTION 2 - \*RETAILERS OFFERING FREE “FAX AND PACK” SERVICES

“FAX AND PACK” Services offer shoppers the opportunity to call-in, fax, or e-mail their food order in advance and arrange a pick-up time.

VENDOR	PRODUCTS	CONTACT INFORMATION	SPECIAL INSTRUCTIONS / INFORMATION FOR SCHOOL BREAKFAST PROGRAMS
PRODUCE DEPOT	Dairy Grains Produce	South Bank (2446 Bank St.) Bank Street/Hunt Club: Dan Dockstader <a href="mailto:southbank@producedepot.ca">southbank@producedepot.ca</a> 613-521-9653  Carling Avenue Moh (Produce Manager) David Barstead (Owner) 613-722-6106	<ul style="list-style-type: none"><li>Wholesale pricing (for cases/bushels)</li></ul>
COSTCO	Dairy Grains Meat Produce (grocery store items)	Kanata: Ruth Hall 613-270-5550  Nepean: Darren Pudrycki 613-727-4786  Gloucester: Larry Pifer 613-748-9966	<ul style="list-style-type: none"><li>Membership required (<i>membership fees are the school's responsibility. Student Nutrition Funds cannot be used to pay for membership fees</i>)</li></ul>