



MEAL MENU (3 FOOD GROUP) OSNS (JACK LARABIE) SHOPPING ONLY

The following menu—**Simple To Start (STS): No Food Processing**—is a suggestion for the first 4-6 weeks of your 2020-21 SBP program based on items that can be purchased through OSNS while we navigate a new Covid-19 environment.

**Please Note: schools are not limited to purchasing the items listed below. Schools can continue to purchase other items that meet the Student Nutrition Guidelines and their budget.*

MONDAY

FRUITS/VEG	PROTEIN	GRAIN	MISC
Applesauce	Armstrong: Cheesestring	SFTE*: Whole Grain Mini Blueberry Scone	Spoon
*Sweets From the Earth			

TUESDAY

Clementines	Yogurt	SFTE*: Granola/Trail Mix	Spoon
*Sweets From the Earth			

WEDNESDAY

Apple (small)	Nanö: Mozzarella Cheese Wedges	SFTE*: Banana Muffin	
*Sweets From the Earth			

THURSDAY

Banana 	Yogurt Tubes	Mini Bagel (wrapped & sliced)	Cream Cheese
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FRIDAY

Applesauce	Hummus	Original Bites: Cracker Pouches	Spoon
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MEAL MENU (3 FOOD GROUP) RETAIL OR OSNS (JACK LARABIE) SHOPPING

The following menu—**Simple To Start (STS): Limited Food Processing**—is a suggestion for the first 4-6 weeks of your 2020-21 SBP program based on items that can be purchased through retail locations and/or OSNS while we navigate a new Covid-19 environment.

**Please Note: schools are not limited to purchasing the items listed below. Schools can continue to purchase other items that meet the Student Nutrition Guidelines and their budget.*

FRUITS/VEG

PROTEIN

GRAIN

MISC

MONDAY

Baby Carrots

Hummus

Whole Wheat
Pita



TUESDAY

Banana

Yogurt

Granola/
Trail Mix

Spoon

WEDNESDAY

Apple
(small)

Cheesestring

Whole Grain
Crackers

THURSDAY

Grapes



Yogurt
Tubes

14 Grain Bagel

Cream
Cheese

FRIDAY

English
Cucumber

Hummus

Whole Grain
Crackers